



ENGLISH

AMEOS EL AGUA

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The establishment cannot guarantee the absence of traces of allergens contained within these dishes. if you are allergic or intollerant to any of the ingredients listed in the table below, please ensure that you contact one of our staff for more information.

DISH NAME - JAMEOS NOCHE

List of allergens according to regulation (EU) 1169/2011

	Gluten		Eggs	Molluses	Crustaceans	Fish	Mustard	Soya	Tree nuts	Peanuts	Sesame	SO2	Celery
Smoked Lanzarote cheese royale,gofio and guava													
Roasted potato cream with stewed squid in its ink													
Confit grouper with local vegetables and boiled mojo sauce												~	
Lime-lemon sorbet													
Beef tenderloin with shiitake mushroom sauce and a smoty touch								~				~	
Lanzarote Volcano	~	~						~	~			~	
Bread service	\checkmark	\checkmark											
Cold beetroot and apple cream													
Tomato and anise salad													
Roasted eggplants with chickpeas and red mojo sauce													
Fruit Sorbet (pineapple - papaya - orange)													
Wild asparagus and mushroom risotto served with coconut milk, curry and toasted pine nuts	~												
Fruit salad													
Vegan bread service	\checkmark												
Profiterole filled with guava		~											
Fish croquettes	\checkmark		✓								~		
Grilled fish fillet	\checkmark												
Breaded chicken fillet or grilled chicken fillet	<u>~</u>												



V. <u>31/03/20</u>2

 \checkmark

May contain traces

 \checkmark

Contains allergens

